

From the Pastor

The Seven Deadly Sins:

Sloth. Part 1

Sloth is spiritual laziness. It is the desire for ease, even at the expense of doing what we know to be the will of God for us. Whatever we do in life requires effort. As committed Christians, everything we do is to be a means of salvation. The slothful person is unwilling to do what God wants because of the effort it takes to do it. Sloth becomes a sin when it slows down and even brings to a halt the energy we must expend in working out our personal salvation. In the Summa Theologiae, Saint Thomas Aquinas said sloth is “sluggishness of the mind and body which neglects to begin good deeds. It is evil in its effect when it so oppresses man as to draw him away entirely from good deeds.” In short, being slothful means being lazy and sluggish in seeking eternal life.



*10:00am Mass Ad Orientem
Good Shepherd
Saint Stanislaus*

<i>GS</i>	<i>SS</i>
<i>2/4</i>	
<i>3/4</i>	<i>2/11</i>
<i>4/1</i>	<i>3/11</i>
<i>5/6</i>	<i>4/8</i>
<i>6/3</i>	<i>5/13</i>
<i>7/8</i>	<i>7/15</i>
<i>8/5</i>	<i>8/12</i>
<i>9/2</i>	<i>9/9</i>

Saint of the Week

4 February

Saint Rabanus Maurus

Rabanus was born in 784 in Mainz, Germany. He entered the monastery as a young boy and received the monastic name Maurus, after the young disciple Saint Benedict. He made great progress in religious life and in 822 was named abbot of the great abbey of Fulda, where Charlemagne had founded a famous library. A prolific scholar, Rabanus wrote scriptural commentaries as well as works of moral theology to help confessors. He composed many pieces of sacred music, the most famous of which is the great Pentecost hymn, Veni Creator Spiritus. He also wrote a number of liturgical treatises in which he emphasized the importance of a spiritual life based on the Mass and Divine Office. He warned against allowing the darkness of worry and anxiety to crowd out prayer: “Those who let themselves be invaded by worries condemn themselves to the absolute impossibility of penetrating the secrets of the invisible God.” In 840, Rabanus resigned as abbot, but seven years later he was named archbishop of Mainz. He was a diligent and tireless pastor of souls. When famine struck, he fed three hundred people daily in his own home. He died in 856. He is one of many patrons of sacred music.

Saint Rabanus Maurus, pray for us!

Vespers

*Sunday, February 11th at Saint
Stanislaus 4:00pm*

Bible Study

There will be Bible Study in the Parish Hall on the 10th of February at 6:30pm

Good Shepherd Parish Food Pantry

Donations of non-perishable food items are always welcome.

The food pantry is available to anyone in need while the parish office is open or by appointment.

From the Pastor Cont..

Respect Life Ministry

[T]he word of God teaches us that there is a crucial basic attitude with which to face illness and it is that faith in God, in his goodness. Jesus always repeats this to the people he heals: your faith has made you well (cf. Mk5-34,36). Even in the face of death, faith can make possible what is humanly impossible. But faith in what? In the love of God... We all know people who were able to bear terrible suffering because God gave them profound serenity... Nonetheless, in sickness we all need human warmth: to comfort a sick person, what counts more than words is serene and sincere closeness.

~Pope Benedict XVI

Respect Life Prayer Intention:

May God grant us the eyes to see and the hearts to love those who need us to walk with them in times of suffering.

It's not too late to contribute to the Diaper Drive:

As part of their Catholic School's Week celebration, St Stan's schoolchildren are conducting a disposable diaper drive. Any size is fine, but **sizes 4,5, and 6** are the most needed. The diapers collected will be given to Catholic Social Services for distribution to needy families. Donations can be left in the school lobby or in the collection bin in the church narthex. Thank you.

Save the Dates

The next Respect Life Prayer Service will be on Saturday, March 3rd at 8:45am. All are welcome.

Card Night for the Troops, Friday, February 16, 2008, 6-8pm

Come and make a greeting card to show your support for our active duty service members, veterans, and wounded warriors. No special talent is necessary! All materials and refreshments will be provided.

Movie Night with Father Leonard *Monday, February 12th at 6:pm* *"The Good Lie"*

After their village is destroyed and their parents killed by Northern militia, Sudanese orphans Theo, his siblings and other survivors make a difficult journey to a refugee camp in Kenya. Thirteen years later, the group gets the chance to settle in the U.S. They are met in Kansas by Carrie Davis (Reese Witherspoon), who has been charged with finding them jobs. However, seeing how adrift they are in 20th-century America, Carrie endeavors to help them in rebuilding their shattered lives.

Youth Group Schedule

2/12 6:30-8:30pm movie night with Father Leonard
2/14 6:00pm Ash Wednesday Mass
3/12 6:30-8:30pm meeting

Diocese of Fall River Lenten Regulations 2018

1. Law of Fast

- A. All adults (18 and older) are bound by the law of fast up to the beginning of their 60th year.
- B. On days of fast, those bound by the law are limited to a single full meal. This meal is meatless. Two other meatless meals, sufficient to maintain strength, may be taken according to ones' needs; however, together these two meals should not equal another full meal.
- C. There are two prescribed days of fast: Ash Wednesday and Good Friday.

2. Law of Abstinence

- A. Those who are 14 years of age and older are obliged to observe the law of abstinence.
- B. On days of abstinence, those bound by the law abstain from meat.
- C. On all Fridays of Lent, abstinence is prescribed. This, of course, includes Good Friday. Abstinence is also prescribed on Ash Wednesday.

3. Lenten Discipline

The Code of Canon Law very aptly summarizes the ecclesiastical discipline in Canon 1249: "All members of the Christian faithful in their own way are bound to do penance in virtue of divine law; in order that all may be joined in a common observance of penance, penitential days are prescribed in which the Christian faithful in a special way pray, exercise works of piety and charity, and deny themselves by fulfilling their responsibilities more faithfully and especially by observing fast and abstinence..."

- 4. Funeral Masses are not to be celebrated on the Sundays of Lend and Easter, Holy Thursday, the Easter Triduum (cf. NGIRM #380)

February 10th Malassadas

February 24th Portuguese Food

March 17th Corned Beef and Cabbage

Camp Fatima for boys and Camp Bernadette for girls are now accepting registrations for the 2018 summer season. The camps, located in the Lakes Region of NH, offer 2-week overnight sessions for children, ages 6-15. For more information or to request a brochure, contact Brendan Stackhouse at 603-364-5851 or email Brendan@bfcamp.com or visit and register online at www.bfcamp.com Please don't wait as sessions fill up quickly.

A Polish Dinner will be held on Saturday, February 10, 2018 at St. Theresa Parish Hall, 265 Stafford Road, Tiverton, RI. Appetizers served at 5:00pm; Dinner served at 5:30pm. Tickets are \$25 for adults; children 10 and under FREE. After Dinner Music provided by Classic Rock Band: "Noise In the Basement". This dinner will benefit our Youth attending the Jamaican Mission Trip in June 2018 and is sponsored by the Catholic Faith Committees of St. Theresa and St. Christopher. Please call office for tickets 401-624-8746

"Remember that my life is like the wind." Let us make the best of our time together with our spouses by attending a Worldwide Marriage Encounter Weekend. The next Weekends are Mar 9-11, 2018 in Duxbury, MA and Apr 21-22, 2018 in Brewster, MA. For more information, call Stephen & Michelle O'Leary at 800-710-9963 or visit them at <https://wwmema.org/>

Emmaus is a retreat for men and women (ages 20+) who seek to grow in their relationship with Jesus Christ, regardless of their present level of faith or practice. We want to invite you to join us on our next Emmaus weekend. You will be welcomed by a loving community, spend time in personal and communal prayer, and celebrate the sacraments. The next Emmaus is March 9-11 at Cathedral Camp in East Freetown, MA. For more information or to apply online, email us at emmausretreats@gmail.com or visit our website: www.emmausretreats.com

2018 Women and Men's Conference "Save the Date"

The Fall River Diocese 2018 Women and Men's Conference will take place on Saturday, March 10, at Stonehill College in Easton. Building on last year's first-ever such Conference in the Diocese, the one-day Lenten program will include keynote talks by noted speakers, prayer, music, fellowship, Mass, and new for next year, a separate track for young adults, ages 18 to 30. Please mark your calendar now and look for details on the 2018 Women and Men's Conference in coming months.

The chamber chorus Sine Nomine under the direction of Glenn Giuttari will present a concert at St. Mary's Cathedral on Sunday, February 11 at 3 o'clock. The program will feature music of the German Baroque with music of Pachelbel, Schutz, Telemann and Bach with period instruments. This is the 25th Anniversary of the ensemble.